



Contact information

Organiser contact information

Phone	General: +358 40 0706433
E-mail	General: seppo.linjakumpu@kev.fi , Entries: seppo.linjakumpu@kev.fi , Accommodation: continental@ruka.fi
Address	Kuusamon Era-Veikot, Vanttajantie 6 B, 93600 Kuusamo, Pohjois-Pohjanmaa
Social media	http://en.rukanordic.com/some/

Officials

FIS Technical Delegate	Gabrjel (Jelko) Gros (SLO)
	Constantin Andrei (ROU)

Event schedule

Event schedule (LOC times)

17.12.2021	Event	Location	Races
21:00	Team Captains' Meeting	Rukan Hiihtostadion; Hiihtostadionintie 3, 93830 Rukatunturi	
18.12.2021	Event	Location	Races
11:00	Training	Ruka HS 142	
12:45	Competition start	Ruka HS 142	18 Dec - COC Men's LH
15:00	Prize Giving Ceremony		18 Dec - COC Men's LH
19.12.2021	Event	Location	Races
11:30	Competition start	Ruka HS 142	19 Dec - COC Men's LH
13:30	Prize Giving Ceremony	Ruka HS 142	19 Dec - COC Men's LH

Ski Jumping INVITATION

Nordic Combined

18.-19.12.2021 Ruka, Kuusamo, Finland

We cordially invite all member associations of the FIS to participate in FIS CONTINENTAL CUP

On 18.-19.12.2021 in Kuusamo. The competitions will be held in compliance with FIS Competition Rules (ICR).

PROGRAMME

Thursday 16.12.2021

Arrival day

Friday 17.12.2021

12:00-15:00 Official training cross country Nordic Combined

16:00 Team Captains' meeting NC

18:00 Official training (2 rounds) Nordic Combined ski Jumping



FIS Continental Cup Men

Ruka (FIN)
18.12.2021 - 19.12.2021



19:00 PCR Nordic Combined Ski Jumping

21:00 Team Captains' meeting SJ

Saturday 18.12.2021

9:00 Individual Gundersen trial round, Nordic Combined

9:45 Competition round, Nordic Combined

11:00 Official training Ski Jumping (2 rounds)

12:45 Competition Ski Jumping, 1 round

Following by final round

Prize giving ceremonies Ski Jumping (place 1-6)

16:00 Individual Gundersen Nordic Combined 10km (4x2,5 km)

Prize giving ceremonies (place 1-6)

Sunday 19.12.2021

09:00 Individual Gundersen trial round, Nordic Combined

09:45 Competition round, Nordic Combined

10:45 Trial round Ski Jumping

11:30 Competition Ski Jumping 1st round

following by final round

Prize giving ceremonies (Place 1 to 6)

14:30 Individual Gundersen, Nordic Combined 10 km (4 x 2,50km)

Prize giving ceremonies (place 1 to 6)

Departure

Address

FIS Continental Cup, Kuusamon Erä-Veikot, Vanttajantie 6 B, FI-93600 KUUSAMO, FINLAND

Email: kev@kev.fi

Contents

Each Ski Association shall send its entry on the enclosed entry form to Organizing Committee.

Entry

Preliminary national entries must send to the organizer not later than 6. November 2020 and Final entry by using

FIS entry form not later than 25. November 2020. Email kev@kev.fi. Please, notice that accommodation

should be booked until 14th November 2020.

Restrictions

FIS rules will apply. The number of participants must comply with Continental Cup rules and regulations.

COVID-19

The information about COVID-19 will be sent to teams, but basic rules are same than RukaNordic. You can see information www.en.rukanordic.com. We inform all teams if rules are changing.

More information:



COVID-19 PROTOCOL, RUKA CONTINENTAL CUP 2021

PCR test

- Register and pay for the test in the address korona.9lives.fi (Finnish page) or corona.9lives.fi (in English).
- Testing time: Saturday 18th of December at 8.00-10.30.
- Testing place: Ruka Ski Stadium building, 3rd floor.
- Test price 155€/ per person including result certificate. (+ Jet-pack fee is 20€/ per person, paid to the race office, located next to the ski jumping hill)
- Registration and paying must be done on Friday 17th of December at midnight the latest.
- Teams must send names of the persons to be tested to the organizer (seppo.linjakumpu@kev.fi) on Friday, 21.00 at the latest.

Accommodation

Accommodation is arranged in RukaSuites apartments, which are situated in Ruka center area and 700 m from the ski stadium or RukaTonttu Hotel, RukaTonttu & AurinkoRinne apartments / hotel rooms about 300 m from the ski stadium and 600 m from Ruka center.

Teams

Price per person per day incl. full board

- RukaSuites, RukaTonttu & AurinkoRinne apartments 112 €/person/night in 3 persons' apartment
- RukaSuites, RukaTonttu & AurinkoRinne apartments 100 €/person/night in 4 persons' apartment
- Hotel RukaTonttu 112 €/person/night in a double room and single 147 €/night

Over quota

-Price for additional accommodation outside of the quota: 125€ per person in double room or 110€ per person in apartment (4 persons apartment).

We retain the right for changes.

Accommodation reservations and further information:

Rukakeskus Oy, Mari Kämäräinen, e-mail: continental@ruka.fi, tel. +358 10 3825 039.

Reservations should be made until 14th November. After that we can't guarantee accommodation.

Rukakeskus will offer suitable accommodation for your team according to your team size.

Transportation

From Kuusamo Airport to hotel and ski stadium will be arranged by organizer at a rate 10€ per person one way.

From Oulu Airport (Thursday/Friday 16-17. December) to hotel and ski stadium will be arranged by organizer at rate 40€ per person single way, if there's minimum of 20 passengers per bus.

On Sunday 19 December transportation from the hotel to Oulu airport is arranged by the organizer at rate 40€ per person, if there's minimum of 20 passengers per bus.

The teams have to send the exact arrival times; flight numbers and number of arriving people latest 7. December 2021

Reservations to Seppo Linjakumpu, Email: seppo.linjakumpu@rukanordic.com, tel. +358 400 706 433

Venues are at Ruka ski stadium using jumping Ruka HS142.

Waxing facilities are at Ski Jumping service building at Ruka stadium. For additional questions, please contact Seppo Linjakumpu, email seppo.linjakumpu@rukanordic.com, phone +358 400 706433.

The race office is situated nearby ski jumping hill (Ski Jumping Info)



Bibs for competitions will be distributed one hour before the competition in race office.

Prize money will be given to 6 best athletes. The prize money will be paid electronically.

Prize giving ceremonies will take place nearby ski jumping hill straight after competition.

Please note, that from January 2019 the law in Finland does not allow any prize money transfer without a TIN (tax identification number) code. You can find an instruction where you find your personal TIN code here:

<http://www.oecd.org/tax/automatic-exchange/crs-implementation-and-assistance/tax-identification-numbers/>

If possible, use official prize money form which can be found: https://assets.fis-ski.com/image/upload/v1544169069/fis-prod/assets/Bank-Account_2018_incl-JPContacts_2018-19.pdf and send it via email to finance@hiihtoliitto.fi or laura.hamalainen@hiihtoliitto.fi.

Organization

LOCAL ORGANISATION COMMITTEE

General Secretary Seppo Linjakumpu

OC Chairman Matti Heikkilä

Chief of competition Pirjo Karjalainen, e-mail: pirjo.karjal@gmail.com, tel +358 400 871416

Accommodation Rukakeskus, Mari Kämäräinen, e-mail: continental@ruka.fi,

tel. +358 50 536 3544

FIS, TD, TDA/ Ski Jumping

COC Coordinator/Equipment Control Berni Schödler, FIS

TD Jelko Gros SLO

TD ass. Andrei Constantin ROU

FIS, TD, TDA/ Nordic Combined

COC Coordinator/Equipment Control Michael Neumaier

TD Torben Hirsch

TD ass. Arne-Olaf Sween

JUDGES/ SJ + NC

Milos Kern SLO

Pekka Tervahartiala, FIN

Aino Marttinen, FIN

Asko Aalto, FIN

Jani Hyvärinen, FIN

All information you will find at Kuusamon Erä-Veikot ry. www.kev.fi, later on November

Welcome to Kuusamo

KUUSAMON ERÄ-VEIKOT- KUUSAMO

ORGANIZING COMMITTEE

FINNISH SKI ASSOCIATION