

## Contact information

### Organiser contact information

<b>Phone</b>	General: <a href="tel:+358503317279">+358503317279</a>
<b>E-mail</b>	General: <a href="mailto:teamservice@lahtiskigames.com">teamservice@lahtiskigames.com</a> , Entries: <a href="mailto:entries@lahtiskigames.com">entries@lahtiskigames.com</a> , Accommodation: <a href="mailto:johanna.karhu@lahtiregion.fi">johanna.karhu@lahtiregion.fi</a>
<b>Address</b>	Lahti Ski Club, Salpausselänkatu 8, FI-15110 Lahti
<b>Website</b>	<a href="http://www.lahtiskigames.com/coc/">www.lahtiskigames.com/coc/</a>

### Officials

<b>FIS Technical Delegate</b>	Alexander Diess (AUT) Robert Meglic (SLO)
<b>Chief of Competition</b>	Janne Tervahartiala (FIN) <a href="mailto:tervis@gmail.com">tervis@gmail.com</a>

## Event schedule

### Event schedule (LOC times)

17.03.2023	Event	Location	Races
14:30	Team Captains' Meeting	Lahti Sports Centre - Grandstand building top floor	17 Mar - COC Women's LH 18 Mar - COC Women's LH
16:30	Training	HS130	17 Mar - COC Women's LH
18:00	Competition start	HS130	17 Mar - COC Women's LH
18.03.2023	Event	Location	Races
09:00	Start Trial Round	HS130	18 Mar - COC Women's LH
10:00	Competition start	HS130	18 Mar - COC Women's LH
14:30	Team Captains' Meeting	Lahti Sports Centre - Grandstand building top floor	18 Mar - COC Men's LH 19 Mar - COC Men's LH
16:30	Training	HS130	18 Mar - COC Men's LH
18:00	Competition start	HS130	18 Mar - COC Men's LH
19.03.2023	Event	Location	Races
09:00	Start Trial Round	HS130	19 Mar - COC Men's LH
10:00	Competition start	HS130	19 Mar - COC Men's LH

## Entries

Teams must use the FIS Online Registration System for the entries.

Preliminary entries 3rd February 2023

Entries 9th March 2023

## Logistical information

### Accommodation

Accommodation is in the Lahti City Centre. Teams must use the FIS online booking system by requesting the number of rooms, SGL / DBL with full-board, and arrival and departure dates. The OC will pay accommodation costs according to the rules reimbursement lists. For additional persons, the teams must pay directly to OC. Accommodation payments will be made by bank transfer. Please inform your invoice address early in advance to johanna.karhu@lahtiregion.fi, +358400 813 903.

### Accreditation

The accreditation will be handed out at the competition office at the ski jumping hills. Address: Suurmäenkatu 5, FI- 15900 Lahti.

### Transport

The official airport is Helsinki airport (94 km from Lahti).

The organising committee can arrange transportation between the airport and the hotels. Teams must send the transportation request, exact arrival times, flight numbers, and the number of arriving people to the organiser at the latest eight (8) days before arrival via the FIS Online Entry system. Transportation price: 45€ / person / one-way.

The OC provides a scheduled shuttle service to the teams between the hotels and the stadium. Time schedules to be informed on [www.lahtiskigames.com/coc/](http://www.lahtiskigames.com/coc/)

For individual requests for shuttle service, please email [transportation@lahtiskigames.com](mailto:transportation@lahtiskigames.com).

### Reimbursement

Accommodation costs: Over-quota costs are to be paid by credit card.

### Prize money

Prize money payment is according to the rules. OC will use a protected FIS database for prize money payment information. Please ensure that all your athletes' information is uploaded to the system before the race weekend (including Tax codes).

Finnish law does not allow any prize money transfer without indicating the TINs (Tax identification number).

### Team Areas

#### Waxing facilities & Athletes' Rooms

The service area is at the ski jumping hills (Ski Jumping and Nordic Combined). Address: Suurmäenkatu 5, FI-15900 Lahti. The competition office and the service area office are in the same area.

Team parking is located 100m from the service area, at the field on the way to the hills. Suurmäenkatu 4, FI- 15900 Lahti.

Accommodation, accreditation and transportation offices are at the Grand Stand building of the Lahti Ski Centre. Address: Salpausselänkatu 8, FI-15110 Lahti.



## Medical Service & Health protection plan

The event will be organised according to Finnish law and local authorities' guidelines.

### Local Hospital

Päijät-Häme Central Hospital

Keskussairaalantie 7, 15850 Lahti.

Open 24/7

Switchboard: +358 3 81911

<https://pajjat-sote.fi/en/central-hospital/>

## Regulations of radio equipment/Radio Frequencies

The Finnish Transport and Communications Agency (Traficom) regulates radio frequencies in Finland. Based on submitted applications, Traficom issues radio licenses for users of radio transmitters to ensure trouble-free utilisation of the radio spectrum. Applications can be submitted by filling in the form found with the link below no later than 17th February 2023.

<https://www.traficom.fi/en/contact-form-event-organizers>

Some radio transmitters can be used on a license-exempt basis, depending on their operating frequency and application.

Please refer to Traficom Regulation 15 - <https://www.traficom.fi/en/regulations/regulation-15-collective-frequencies-licence-exempt-radio-transmitters-and-their-use>

The applicable frequency bands for wireless cameras, video links and microphones have been collected to page <https://www.traficom.fi/en/communications/communications-networks/wireless-cameras-video-links-and-microphones>.

## Regulations of Visa

The citizens of some countries will need a visa to visit Finland. Please check with your embassy if you need a visa for Finland. For an official letter of invitation, please send a request to the Lahti Ski Games by email: [teamservice@lahtiskigames.com](mailto:teamservice@lahtiskigames.com). More information is available on the Finnish Ministry for Foreign Affairs website: <https://um.fi/visa-to-visit-finland>.

## Maps

# FIS CONTINENTAL CUP, LAHTI 17.-19.3.2023

## FULL PROGRAM

Ski Jumping Women & Men

Nordic Combined Men

### Thursday 16.3.2022

20:00 Nordic Combined Team Captains' meeting (TBC)

### Friday 17.3.2022

09:00-10:00 Nordic Combined Official Cross-Country training (2,5km South NC + Sprint)

11:30 Nordic Combined Official Training HS130 (1 round)

12:30 Nordic Combined Provisional Competition Round HS130

13:30 Nordic Combined Ski Jumping HS130

14:30 Ski Jumping Women Team Captains' meeting (Lahti Ski Centre – Grandstand building)

16:00 Nordic Combined Individual Gundersen 10km (2,5km South NC)

16:30 Ski Jumping Women Official Training HS130 (2 rounds)

18:00 Ski Jumping Women HS130 Competition

### Saturday 18.3.2022

09:00 Ski Jumping Women Trial Round HS130

10:00 Ski Jumping Women HS130 - Final

12:30 Nordic Combined Trial Round HS130

13:30 Nordic Combined Ski Jumping HS130 Team Sprint

14:30 Ski Jumping Men Team Captains' meeting (Lahti Ski Centre – Grandstand building)

16:00 Nordic Combined Team Sprint 2x7,5km (Karpalo Sprint 1,5km)

16:30 Ski Jumping Men Official Training HS130 (2 rounds)

18:00 Ski Jumping Men HS130 Competition

### Sunday 19.3.2022

09:00 Ski Jumping Men Trial Round HS130

10:00 Ski Jumping Men HS130 Competition – Final

12:30 Nordic Combined Trial Round HS130

13:30 Nordic Combined Ski Jumping HS130

16:00 Nordic Combined Individual Gundersen 10km (2,5km South NC)

All prizegiving ceremonies immediately after the competition.