

Contact information

Organiser contact information	
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Website	https://www.coc.rukanordic
Social media	https://www.facebook.com/rukanordic

Officials	
FIS Race Director	Berni Schödler (FIS) +41 79 352 21 35 schoedler@fis-ski.com
General Secretary	Jarkko Ruhanen (FIN) +358401485530 coc@rukanordic.com
Transportation	Jarkko Ruhanen (FIN) +358401485530 coc@rukanordic.com
Accommodation	Mari Kämäräinen (FIN) +358103825039 continental@ruka.fi
Chief of Hill	Timo Viinikka (FIN) +358405719068 herman@gmail.com

Event schedule

Event schedule (LOC times)			
15.12.2023	Event	Location	Races
12:00	Team Captains' Meeting	Stadium building 2nd floor, Hiihtostadionintie 3	16 Dec - COC Men's LH 17 Dec - COC Men's LH
15:00	Training	HS 142, Hiihtostadionintie 3	16 Dec - COC Men's LH
16.12.2023	Event	Location	Races
12:00	Start Trial Round	HS 142, Hiihtostadionintie 3	16 Dec - COC Men's LH
13:00	Competition start	HS 142, Hiihtostadionintie 3	16 Dec - COC Men's LH
17.12.2023	Event	Location	Races
12:00	Start Trial Round	HS 142, Hiihtostadionintie 3	17 Dec - COC Men's LH
13:00	Competition start	HS 142, Hiihtostadionintie 3	17 Dec - COC Men's LH

ENTRIES

The FIS Online Registration System must be used to register the participating teams.
Booking of waxing cabins via FIS Online Entry System by the preliminary entry. Preliminary entry counts as wax cabin booking. Extra wax cabin must be ordered.



Preliminary entry deadline: 04.11.2023
Entry deadline: 08.12.2023

Logistical information

Nearest airport is located in Kuusamo. There will be arranged a shuttle transportation to the hotels at Ruka.

E-mail: coc@rukanordic.com, Jarkko Ruhanen +358401485530, Jukka Tahkola +358408419915.

Accommodation

Accommodation is arranged in RukaVillage and RukaSuites apartments/studios, which are situated in Ruka center area and 700 m from the ski stadium

or RukaTonttu Hotel, RukaTonttu & AurinkoRinne apartments / hotel rooms about 300 m from the ski stadium and 600 m from Ruka center.

Teams

Price per person per day incl. full board

-RukaSuites, RukaTonttu & AurinkoRinne apartments 116 €/person/night in 2-3 persons' apartment

-RukaSuites, RukaTonttu & AurinkoRinne apartments 104 €/person/night in 4 persons' apartment

-RukaVillage or Hotel RukaTonttu 116 €/person/night in a double room and single 155 €/night

We retain the right for changes.

Accommodation reservations and further information:

Rukakeskus Oy, Mari Kämäräinen, e-mail: continental@ruka.fi, tel. +358 10 3825 039.

Reservations should be made until 18th November.

Rukakeskus will offer suitable accommodation for your team according to your team size.

Accreditation

No accreditation at the event.

Transport

No shuttle service between hotels and venues (walking distance).

Reimbursement

Payment

National Association according to the following key:

- all entered athletes (except National Group and the fourth additional quota for the basic quota and with the maximum of 5 athletes per Nation).
- two (2) officials per nation



Prize money

Prize-money: CHF 3'900.— divided by the first 8 athletes

1st place = CHF 1'000	5th place = CHF 350
2nd place = CHF 800	6th place = CHF 300
3rd place = CHF 600	7th place = CHF 250
4th place = CHF 400	8th place = CHF 200

Waxing facilities

Waxing cabins are situated next to ski jumping hill on the bottom of outrun. Cabins will be available from 15. december at 08:00 o'clock.

Keys from ski jumping info at the same area. Keys return to the same office.

Medical Service & Health protection plan

Nearest hospital: Kuusamo City Hospital

Address: Raistakantie 1, FIN-93600 Kuusamo, +358 40 860 8611

X-ray, on call during the event

A doctor and ambulances are on duty in the Ski Jumping area during the event.

Testing protocol by LOC or host country

No testings or limits.

Regulations of radio equipment/Radio Frequencies

The Finnish Transport and Communications Agency (Traficom) regulates the use of radio frequencies in Finland. Based on submitted applications Traficom issues radio licences for users of radio transmitters to ensure trouble-free utilisation of the radio spectrum.

Applications can be submitted by filling in the form found with the link below no later than 30 November 2023.

<https://www.traficom.fi/en/contact-form-event-organizers>

Some radio transmitters can be used on licence-exempt basis depending on their operating frequency and application. Please refer to

Traficom Regulation 15:

<https://www.traficom.fi/en/regulations/regulation-15-collective-frequencies-licence-exempt-radio-transmitters-and-their-use>

The applicable frequency bands for wireless cameras, video links and microphones have been collected to page:

<https://www.traficom.fi/en/communications/communications-networks/wireless-cameras-video-links-and-microphones>

Regulations of Visa

- Remember that citizens of some countries will need visa for visiting Finland. Please check with your embassy if you need a visa for



Finland.

- For an official letter of invitation, please send a request to kev@rukanordic.com.

Special permissions for truck driving (Sunday and night, other days with special regulations)

None.

Maps

More information on our website.