

Contact information

Organiser contact information

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Social media	https://www.facebook.com/rukanordic

Officials

FIS Technical Delegate	Robert Krautgartner (AUT)
	Han Hendrik Piho (EST)
FIS Race Director	Michael Neumayer (AUT) +49 176 2167 6767 neumayer@fisski.com
General Secretary	Jarkko Ruhanen (FIN) +358401485530 jarkko.ruhanen@rukanordic.com
Accommodation	Mari Kämäräinen (FIN) 358 10 3825 039 continental@ruka.fi
Chief of Hill	Timo Viinikka (FIN) +358405719068 herman@gmail.com

Event schedule

Event schedule (LOC times)

15.12.2023	Event	Location	Races
11:00	Team Captains' Meeting	Stadium building 2nd floor, Hiihtostadionintie 3, Kuusamo	16 Dec - COC Men's GUL 17 Dec - COC Men's GUL
14:00	Official Training CC	Hiihtostadionintie 3	16 Dec - COC Men's GUL 17 Dec - COC Men's GUL
17:30	Start Trial Round	HS 142, Hiihtostadionintie 3	
18:30	Start PCR/Qualification	HS 142, Hiihtostadionintie 3	16 Dec - COC Men's GUL 17 Dec - COC Men's GUL
16.12.2023	Event	Location	Races
09:00	Start Trial Round	HS142, Hiihtostadionintie 3	16 Dec - COC Men's GUL
10:00	Competition start	HS 142, Hiihtostadionintie 3	16 Dec - COC Men's GUL
14:30	Start for CC	Ski stadium, Hiihtostadionintie 3	
17.12.2023	Event	Location	Races
09:00	Start Trial Round	HS 142, Hiihtostadionintie 3	17 Dec - COC Men's GUL
10:00	Competition start	HS 142, Hiihtostadionintie 3	17 Dec - COC Men's GUL
15:00	Start for CC	Ski stadium, Hiihtostadionintie 3	



Entries

The FIS Online Registration System must be used to register the participating teams.

Booking of waxing cabins via FIS Online Entry System by the preliminary entry. Preliminary entry counts as wax cabin booking. Extra wax cabin must be ordered.

Preliminary Entry deadline: 04.11.2023

Entry deadline: 08.12.2023

Logistical information

The transportation office will arrange transportation between the official airport (Kuusamo) and the hotels in Ruka.

Accommodation

Accommodation is arranged in RukaVillage and RukaSuites apartments/studios, which are situated in Ruka center area and 700 m from the ski stadium

or RukaTonttu Hotel, RukaTonttu & AurinkoRinne apartments / hotel rooms about 300 m from the ski stadium and 600 m from Ruka center.

Teams

Price per person per day incl. full board

-RukaSuites, RukaTonttu & AurinkoRinne apartments 116 €/person/night in 2-3 persons' apartment

-RukaSuites, RukaTonttu & AurinkoRinne apartments 104 €/person/night in 4 persons' apartment

-RukaVillage or Hotel RukaTonttu 116 €/person/night in a double room and single 155 €/night

We retain the right for changes.

Accommodation reservations and further information:

Rukakeskus Oy, Mari Kämäräinen, e-mail: continental@ruka.fi, tel. +358 10 3825 039.

Reservations should be made until 18th November.

Rukakeskus will offer suitable accommodation for your team according to your team size.

Accreditation

No accreditation at event.

Transport

No shuttle service between hotels and venues (walking distance).

Reimbursement



Payment

Each participating National Association according to the following key:

- three (3) athletes per nation (except National Group)
- one (1) officials per nation

Prize money

Individual competition (per competition): CHF 1'500, divided between the top six (6) athletes:

- 1st place = CHF 500.--
- 2nd place = CHF 400.--
- 3rd place = CHF 300.--
- 4th place = CHF 150.--
- 5th place = CHF 100.--
- 6th place = CHF 50.--

Waxing facilities

Waxing cabins are located near the jumping hill HS 142 bottom of the outrun. Waxing cabins are available from 15. december 08:00 o'clock.

Keys will be available from ski jumping info on the same area. Keys return to the same office.

Medical Service & Health protection plan

Nearest hospital: Kuusamo City Hospital

Address: Raistakantie 1, FIN-93600 Kuusamo, +358 40 860 8611

X-ray, on call during the event

A doctor and ambulances are on duty in the Ski Jumping area during the event.

Testing protocol by LOC or host country

No testing protocol.

Regulations of radio equipment/Radio Frequencies

The Finnish Transport and Communications Agency (Traficom) regulates the use of radio frequencies in Finland. Based on submitted applications Traficom issues radio licences for users of radio transmitters to ensure trouble-free utilisation of the radio spectrum.

Applications can be submitted by filling in the form found with the link below no later than 30 november 2023.

<https://www.traficom.fi/en/contact-form-event-organizers>

Some radio transmitters can be used on licence-exempt basis depending on their operating frequency and application. Please refer to Traficom Regulation 15:



<https://www.traficom.fi/en/regulations/regulation-15-collective-frequencies-licence-exempt-radio-transmitters-and-their-use>

The applicable frequency bands for wireless cameras, video links and microphones have been collected to page:

<https://www.traficom.fi/en/communications/communications-networks/wireless-cameras-video-links-and-microphones>

Regulations of Visa

Remember that citizens of some countries will need visa for visiting Finland. Please check with your embassy if you need a visa for Finland.

For an official letter of invitation, please send a request to kev@rukanordic.com.

Special permissions for truck driving (Sunday and night, other days with special regulations)

Maps

More information on our website.