

Contact information

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Organiser contact information

Phone	General: +358405800467
E-mail	General: coc@rukanordic.com , Entries: coc@rukanordic.com , Accommodation: continental@ruka.fi
Address	Kuusamon Era-Veikot, Vanttajantie 6 B, 93600 Kuusamo, Kuusamo
Social media	https://www.facebook.com/rukanordic

Officials and Contacts

FIS Technical Delegate	Robert Krautgartner (AUT) Han Hendrik Piho (EST)
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Event schedule

Event schedule (LOC times)

13.12.2024	Event	Location	Races
12:00	Team Captains' Meeting	Ski Stadium building	14 Dec - COC Men's CSP 15 Dec - COC Men's GUL
14:30	Official Training JP		14 Dec - COC Men's CSP
16:00	Start PCR/Qualification		14 Dec - COC Men's CSP 15 Dec - COC Men's GUL
14.12.2024	Event	Location	Races
09:00	Start for JP		14 Dec - COC Men's CSP
10:00	Competition start		14 Dec - COC Men's CSP
13:30	Official Training CC		14 Dec - COC Men's CSP
15:30	Start for CC		14 Dec - COC Men's CSP
15.12.2024	Event	Location	Races
09:00	Start for JP		15 Dec - COC Men's GUL
10:00	Competition start		15 Dec - COC Men's GUL
15:00	Start for CC		15 Dec - COC Men's GUL

Ski Jumping & Nordic Combined INVITATION

13.-15.12.2024 Ruka, Kuusamo, Finland

We cordially invite all member associations of the FIS to participate in FIS CONTINENTAL CUP

On 13.-15.12.2024 in Kuusamo. The competitions will be held in compliance with FIS Competition Rules (ICR).

PROGRAMME

Friday 13.12.2024

NC :
12:00 TCM (Ski stadium building)



COC

Ruka (FIN)
13.12.2024 - 15.12.2024



14:30 Official Training HS 142 (2 rounds)

16:00 PCR HS 142

SJ :

13:00 TCM (Ski stadium building)

17:30 Official Training HS 142 (2 rounds)

Saturday 14.12.2024

NC:

9:00 Trial round HS 142

10:00 HS 142 Competition round

13:30 Official xc training

15:30 IG 10 k (4 x 2,5k)

SJ:

11:30 HS 142, Trial round

12:30 HS 142, First competition round

13:30 HS 142, Final round

Sunday 15.12.2024

NC:

9:00 Trial round HS 142

10:00 HS 142, Competition round

15:00 IG 10 k (4 x 2,5km)

SJ:

11:30 HS 142, trial round

12:30 HS 142, first competition round

13:30 HS 142, final round

Address

FIS Continental Cup, Kuusamon Erä-Veikot, Vanttajantie 6 B, FI-93600 KUUSAMO, FINLAND

Email: coc@rukanordic.com

Contents

Each Ski Association shall send its entry on the enclosed entry form to Organizing Committee.

Entry

Preliminary national entries must send to the organizer not later than 02. November 2024 and Final entry by using

FIS entry form not later than 6. December 2024. Email coc@rukanordic.com.

Please, notice that accommodation should be booked until 15th November 2024.



COC

Ruka (FIN)
13.12.2024 - 15.12.2024



Restrictions

FIS rules will apply. The number of participants must comply with Continental Cup rules and regulations.

Accommodation

Accommodation is arranged in Rukakeskus Ski-Inn apartments, which are situated in Ruka center area and 700 m from the ski stadium or RukaTonttu apartments / hotel rooms about 300 m from the ski stadium and 600 m from Ruka center.

Teams

The price of accommodation depends on the accommodation. The price of the accommodation will be confirmed for you at the same time as the accommodation is confirmed.

FIS staff, Ewoxx

- Scandic Rukahovi (to be confirmed by the Ruka travel agency)

Accommodation reservations and further information:

Rukakeskus, e-mail: continental@ruka.fi, tel. +358 50 463 4367.

Reservations should be made until 15th November. After that we can't guarantee accommodation.

Rukakeskus will offer suitable accommodation for your team according to your team size.

Transportation

From Kuusamo Airport to hotel and ski stadium will be arranged by organizer at a rate 12€ per person one way.

From Oulu Airport (Thursday/Friday 12-13. December) to hotel and ski stadium will be arranged by organizer at rate 54,85€ per person single way, if there's minimum of 20 passengers per bus.

On Sunday 19 December transportation from the hotel to Oulu airport is arranged by the organizer at rate 54,85€ per person, if there's minimum of 20 passengers per bus.

The teams have to send the exact arrival times; flight numbers and number of arriving people latest 5. December 2024

Reservations to Competition office Email: coc@rukanordic.com, tel. +358 40 580 0467

Venues are at Ruka ski stadium using jumping Ruka HS142.

Waxing facilities are at Ski Jumping service building at Ruka stadium. For additional questions, please contact Jarkko Ruhanen, email coc@rukanordic.com, phone +358 40 148 5530

The race office is situated nearby ski jumping hill (Ski Jumping Info)

Bibs for competitions will be distributed one hour before the competition in race office.

Prize money will be given to 8 best athletes. The prize money will be paid by electronically.

Prize giving ceremonies will take place nearby ski jumping hill straight after competition.

Please note, that from January 2019 the law in Finland does not allow any prize money transfer without a TIN (tax identification number) code. You can find an instruction where you find your personal TIN code here:

<http://www.oecd.org/tax/automatic-exchange/crs-implementation-and-assistance/tax-identification-numbers/>

If possible, use official prize money form and send it via email to finance@hiihtoliitto.fi or laura.hamalainen@hiihtoliitto.fi.

Organization



COC

Ruka (FIN)
13.12.2024 - 15.12.2024



LOCAL ORGANISATION COMMITTEE

General Secretary Jarkko Ruhanen

OC Chairman Matti Heikkilä

Chief of competition SJ: Jani Hyvärinen

Accommodation Rukakeskus, e-mail: continental@ruka.fi,

tel. +358 50 463 4367

FIS, TD, TDA AND JUDGES SJ

COC Coordinator/Equipment Control Berni Schödler, FIS

TD Alex Diess (AUT)

TD ass. Sebastian Cala (SUI)

Judges Lambert Grill (AUT)

Aino Martinen (FIN)

Jerry Saarkangas (FIN)

Pekka Tervahartiala (FIN)

Tom Nyman (FIN)

FIS, TD, TDA AND JUDGES NC

COC Coordinator/Equipment Control Michael Neumayer, FIS

TD Robert Krautgartner (AUT)

TD ass. Han Hendrik Piho (EST)

Judges

All information you will find at Kuusamon Erä-Veikot ry. www.kev.fi, later on November

Welcome to Kuusamo!

KUUSAMON ERÄ-VEIKOT- KUUSAMO
ORGANIZING COMMITTEE

FINNISH SKI ASSOCIATION